

Informed Consent to Chiropractic Treatment

The nature of the chiropractic adjustment

The doctor will use his hands, a mechanical device, or table assisted methods in such a way as to move your joints. This procedure may cause an audible “pop” or “click”, similar to the sound you hear when you “crack” your knuckles. This sound is not evidence of the adjustment, nor the lack of “pop” or “click” evidence of the lack of the adjustment. You may feel or sense movement.

The material risks inherent in Chiropractic adjustments

As with any health care procedure, there are certain complications which may arise during a chiropractic adjustment. Those complications include (but are not limited to): fractures, disc injuries, dislocations, muscle strain, Horner’s syndrome, diaphragmatic paralysis, cervical myelopathy, and costovertebral strains and separations. Some types of manipulation of the neck have been associated with injuries to the arteries of the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following their first few days of treatment.

Probability of those risks occurring

Fractures are rare occurrences and are generally the result of some underlying weakness of the bone which we check during the taking of your history and during the examination. Stroke has been the subject of tremendous disagreement with estimates placing the risk at 1-3 per one million cases. Since even the risk should be avoided, we employ tests in our examination which are designed to identify if you may be susceptible to that kind of injury. The other complications are also generally described as “rare”.

Ancillary Treatment

In addition to the chiropractic adjustment, we may use the following treatments:

-Cryotherapy -Heat -intersegmental Traction -Nutrition counseling -Exercise Programs -Essential Oils

-Manual Therapies (Trigger point, pin/stretch/myofascial release) -Neuromuscular Re-education -Massage Therapy

These treatments involve the following risks: skin reaction, 1st and 2nd degree burns, hemorrhage, aggravation of present condition

Risks and dangers in remaining untreated

Remaining untreated allows the formation of adhesions and reduces mobility which sets up a pain reaction further reducing mobility. Over time this process may complicate treatment, making treatment more difficult and less effective the longer it is postponed. The probability that non-treatment will complicate a later rehabilitation is very high.

Do NOT sign until you have read and understood the above.

I have read or had read to me the above explanation of the chiropractic adjustment and related treatment. I have had any questions answered to my satisfaction. By signing for this information, I state I have weighed the risks involved in undergoing treatment and have myself decided that it is in my best interest (or said minor’s interest) to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to Cornerstone Chiropractic and its staff to perform the treatments and acknowledge that no guarantee or assurances as to the results that may be obtained from this treatment has been given to me.